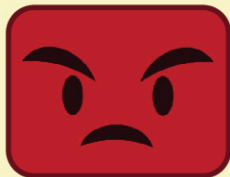


HOW ARE YOU FEELING?



ANGRY



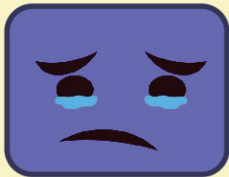
BORED



CALM



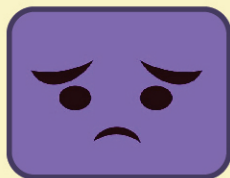
HAPPY



HURT



LOVING



SAD



SICK



SLEEPY

Check out LCBCchurch.com for a 9-Day Bible Reading Plan unpacking each emotion

TALK IT OUT



**HOW DOES THAT EMOTION
MAKE YOUR BODY FEEL?**

**WHAT COULD BE CAUSING
YOU TO FEEL THAT WAY?**



**WHAT SHOULD WE SAY
TO GOD ABOUT THAT?**

**WHAT IS SOMETHING THAT
HAPPENED TODAY AND HOW
DID IT MAKE YOU FEEL?**



**CAN YOU THINK OF A BIBLE
STORY THAT RELATES TO
HOW YOU ARE FEELING?**

Scan here
to listen to
our favorite
worship
songs!



**WHAT WOULD YOU DO IF
YOUR FRIEND WAS FEELING
THAT WAY?**



**CAN YOU THINK OF A WORSHIP
SONG THAT RELATES TO
HOW YOU ARE FEELING?**