



What is your favorite type of content to create or share with friends?

How do you think the content we create reflects who we are?

How does the desire for likes, comments, and shares affect the kind of content we create?

Read Matthew 6:19-21 *"Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. Wherever your treasure is, there the desires of your heart will also be." What do you think Jesus meant when He talked about where our "treasure" is?*

How can Jesus' words impact the content we create?

How can we make sure we're being kind to ourselves/others when creating content?

What's one thing you can do this week to be mindful of what you create or share with others?